

# do you have a question?

Feel free to email us

[info@petwellnessworx.co.za](mailto:info@petwellnessworx.co.za)

## Q. Do you keep my Vet informed about my pets rehab?

A. A referral from your regular veterinarian is preferable. We will be in touch with your vet throughout your pets rehabilitation program so that they remain up to date on your pet's progress.

## Q. How does the underwater treadmill differ from swimming?

A. The underwater treadmill increases increases leg movement and flexion (bending), with near normal extension of the leg. The underwater treadmill allows dogs to strengthen the correct muscles for movement on the ground.

## Q. How does rehab prevent injury?

A. The prevention of injury is paramount. This is especially true when already recovering from an injury, as the healthy legs are subjected to increased strain and are at risk of further injury. Rehabilitation is important for strengthening muscles and to increase movement & flexibility. Just like humans, dogs are predisposed to favour one side. It isn't unusual for them to always turn the same way and depend on the stronger side. This increases the likelihood of injury on the weaker side, and lack of movement and flexibility. Correcting this imbalance is very important.

## Q. May I be present during my dogs treatments?

A. Absolutely, we request that you be present during the initial treatments, discussions and consultation, and encourage you to stay for all subsequent treatments. Knowledge & awareness is key to your dog's successful rehabilitation and recovery.

**Even healthy pets benefit from the treatments we offer**



## specialising in pet wellness & rehabilitation

We offer a number of specialised treatments to encourage healing & healthy living for your pet.



### Therapeutic Ultrasound

Speeds up healing, increases blood flow, improves circulation, reduces muscle spasms & decreases inflammation

### Light Therapy

Targeted treatment that relieves pain and inflammation while increasing serotonin & blood flow allowing faster healing

### Transcutaneous Electrical Nerve Stimulation & Electrical Muscle Stimulation

Muscle relaxation, nerve stimulation & regeneration. Builds muscle mass & strength. Accelerates tissue healing & circulation

### Laser Therapy

Extremely beneficial for post-surgical cases as it reduces pain faster & promotes healing by reducing inflammation & swelling. Decreases tissue inflammation & alleviates chronic and acute pain which encourages release of natural painkillers (endorphins). Shorter treatment time is required, quicker recovery for the patient which is drug-free therapy and non-invasive technology

### Hydrotherapy Underwater Treadmill

Exercise without weight-bearing through the resistance of the water thereby building muscle bulk to support affected areas with the comfort and stability of the water

### Acupuncture

Holistic concept of diagnosis & treatment which utilises the body's own ability to repair itself by insertion of needles into specific points in the body to achieve therapy & balance

### Physiotherapy

Able to assess and treat neuromuscular-skeletal disease much the same as human physios. Employ physical therapy techniques to increase function and mobility of joints and muscles

## opening hours | booking is essential

Monday & Thursday 7am-7pm

Tuesday, Wednesday & Friday 8am – 6:30pm

Saturday 9am-2pm



Owner & Animal Hydrotherapist, Lorren Barham, Studied at the Greyfriars Veterinary Rehabilitation and Hydrotherapy Centre in the United Kingdom.



Visit our website for information on all of the treatments & services we offer your pet



[www.petwellnessworx.co.za](http://www.petwellnessworx.co.za)  
083 704 6804 | [info@petwellnessworx.co.za](mailto:info@petwellnessworx.co.za)

**PET WELLNESS WORX**  
Working your Way to Wellness



## pet hydrotherapy |

### recovery

Assistance in recovery after surgery & prevention of further injury by creating a healthy range of movement

### weight loss

Maintaining healthy weight loss and lifestyle. Creating a safe programme for guided weight loss to avoid injury

### health

Assisting with continued health during your pets life. Reducing inflammation & pain from ageing symptoms

[info@petwellnessworx.co.za](mailto:info@petwellnessworx.co.za)

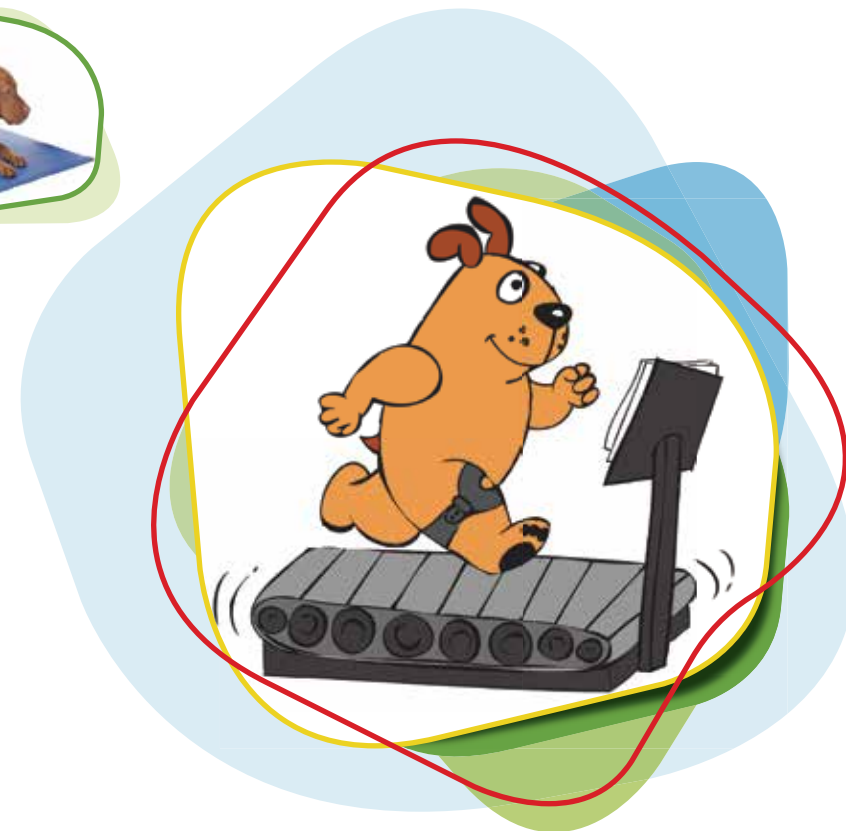
Mobile 083 704 6804

Telephone 021 558 5092

Fax 086 520 8660

[www.petwellnessworx.co.za](http://www.petwellnessworx.co.za)

72 Plattekloof Road,  
Plattekloof Glen, Cape Town, 7460



**PET WELLNESS WORX**  
*Working your Way to Wellness*

**Our Mission is to give your  
pets the quality of life they  
deserve, making every  
precious moment count**



Call Us Now | 021 558 5092  
[www.petwellnessworx.co.za](http://www.petwellnessworx.co.za)

## our mission

We specialise in the health, well-being and rehabilitative care of man's best friend.

A dog's life is short in comparison to that of their human companions. So lets's give them the best quality of life they deserve.

Our mission is to relieve any stress on the pet and the owner by providing a healthy, safe and friendly enviroment to encourage healing. Complete with the state of the art equipment and mondern technology.

## what we do

Hydro Underwater Treadmill

Acupuncture

Physiotherapy

Medical Tui Na Massage

Body Stress Release Unlocking tension, restoring & self-healing

Tellington TTouch Healing, Bodywork, Training & Communicating

Reiki Healing & Relaxation Therapy

Canine Massage

Laser Therapy

Light Therapy

Electrotherapy

Therapeutic Ultrasound

Weight Management Plans

Wellness Programmes

Aging, Geriatrics & Convalescence

@PetWellnessWorx

Pet Wellness Worx